

DOI:10.29013/EJA-26-3-61-64



CAREER GUIDANCE FOR THE YOUNGER GENERATION IS A REQUIREMENT OF THE TIMES

*Mirpayazov Bakhodir Alimovich*¹

¹ Professor of the department of “Performance on folk instruments”
State Conservatory of Uzbekistan. Tashkent, Republic of Uzbekistan

Cite: Mirpayazov B.A. (2026). *Career guidance for the younger generation is a requirement of the times*. *European Journal of Arts* 2026, No 3. <https://doi.org/10.29013/EJA-26-3-61-64>

Abstract

In the context of rapidly advancing socioeconomic progress in the professional environment, the role and contribution of highly educated specialists and spiritually mature, comprehensively developed youth to the development of scientific, socioeconomic, and cultural spheres is particularly increasing.

This article examines career guidance issues and related problems in the republic's education system. In the context of improving Uzbekistan's career guidance system, the key principles for choosing a specialty are analyzed, and shortcomings and development prospects for this area are identified.

Keywords: *career guidance, specialization, well-rounded generation, labor market, conditions, abilities, talents, potential, program, education, mutual cooperation*

Improving the meaningful and high-quality nature of career guidance is currently a crucial socio-economic objective for society as a whole. Our government has created all the necessary conditions and opportunities for this. We are witnessing how a solid foundation is already being laid for the realization of their talent and potential, upon which young people are beginning their first independent steps in life. At this stage, in the context of various spheres, taking into account social demand, advances in science and technology, and the need for specialists in specific fields, there is an urgent need to implement a clear plan for its improvement.

In subsequent stages, issues of personnel training, career guidance, and professional development were elevated to the state and

political level. Consequently, special attention was paid to the development of a systematized field in this area. Research conducted both in our country and abroad in the fields of pedagogy and psychology aimed at studying and promoting personal development issues has laid the foundation for both the scientific and theoretical-methodological basis of the career guidance system.

As is well known, choosing the right profession and specialty plays a crucial role in the success of any individual's independent lifestyle, as well as the quality and results of their chosen professional activity. Therefore, acquiring knowledge, choosing a future profession, and developing qualified specialists are implemented in Uzbekistan

within the framework of a specially developed program.

A person must, throughout their life, accurately understand the significance of their choices, interests, potential, and talents for a particular type of activity, as well as the requirements of their future profession. This requires a system for training specialists in career choice (career guidance counselors), taking into account many factors, such as working conditions, resources, and the specifics of the chosen profession, awareness of one's capabilities and needs, information about specialties, and knowledge of the demands and needs of the labor market. This can provide the opportunity to flexibly adapt to personal needs, which in turn must correspond to their physical health, the criteria of the profession itself, opportunities for continuing education, and, of course, their future prospects.

Every individual choosing a career path must properly assess their interests and level of physical health, balance the demands of the profession with their own personal qualities, and develop their own career plan. Indeed, only in this way will the young generation grow up as qualified, independent-thinking professionals with a clear vision for the future.

What should we focus on first?

First, we must identify the level of young people's demonstrated abilities, interests, and capabilities, and, at the right time, provide recommendations and professional assistance in this choice. Young people often rely on family and friends for career guidance and enroll in educational institutions without being interested in them. As a result, they quickly lose interest in their studies and are insufficiently proactive in mastering their chosen specialty. Without mastering their chosen profession as specialists, they, in turn, fail to find their purpose in life. Therefore, it is crucial to correctly identify students' desires and capabilities from a young age, guide their interests toward professions that suit their potential and interests, and provide qualified assistance in mastering the professional level of their chosen specialty.

To successfully explore this system, identify innate abilities and talents, work ethic, and interests, and, based on this, conduct ef-

fective career guidance activities, several important tasks must be addressed:

First, strengthen mutual cooperation between families and preschool organizations and secondary schools, analyze the results of this stage, and plan the next phase of implementation. Addressing this task at the initial stage involves strengthening the bonds between parents and teachers. As is well known, from birth, a child understands the world through the help of parents, who are well-versed in their interests and abilities, their dreams, and their potential. In this case, they are the only ones responsible for their children's future upbringing. Therefore, educational and preschool institutions should hold more meetings with parents, organize round-table discussions, and continually strive for positive, effective results through discussions and conversations.

A young person choosing a profession should have a complete picture of their future, i.e., a thorough understanding of the specifics of the profession and the assurance that they will soon have the opportunity to work in their chosen field. Unfortunately, graduates of secondary vocational schools today face employment-related challenges, as they face issues with management regarding non-compliance with employment regulations. Employers, citing various excuses and reasons, refuse to hire young graduates during the hiring process, thereby knowingly committing violations that violate the tripartite agreement on the employment of graduates of educational institutions in our republic.

In matters of internships at selected institutions and subsequent employment, special attention should be paid to mutual cooperation between secondary vocational schools and existing graduate employment assistance centers, as well as to promoting and strengthening ties between educational institutions and labor organizations. As a result, labor market demand for certain specialties will be met by young professionals who find their jobs. Open Days, currently held at secondary vocational schools, are effective in this regard.

A profession motivated by self-interest and chosen "from the heart" guarantees a successful and fruitful future. For some, the decisive factor in choosing a profession is often its financial aspect. It's worth not-

ing that if a person is dissatisfied with their profession, they will also show little interest in it in the future. It's common to see people interested in their chosen profession succeed in their field, while those indifferent to their specialty often fall into depression. Under these circumstances, a person who loves their profession or craft, who is morally and spiritually satisfied, can be much more valuable as a specialist in a leading organization than someone with great potential for fulfilling it who is indifferent to their work.

It's also important to consider that the chosen future profession should not only be motivated by material interest but, just as importantly, should bring spiritual enrichment and moral satisfaction. If you don't enjoy your job and lack interest in it, you should find meaning and joy in the work you're doing. As a last resort, if that's still not possible, it's best to change your field to one in which you'll have a particular interest. Everyone should live their chosen profession. Only then will all the work they undertake be carried out by professionals who love their work.

Today, every area of human activity, including socio-political life, at a new stage of human and social progress, has its own criteria for individual reason, social consciousness, creative thinking, intellectual potential, and new technology, which in turn are of great importance.

To choose a future profession, one should analyze the labor market and have complete information about all types of professions. This, in turn, will enable a person to select the one in which they show particular interest. To do this, one must be constantly prepared to improve one's skills and master a new profession.

Of course, when choosing a particular profession, the prestige of the chosen specialty is taken into account. However, other factors must also be considered, such as interest, abilities, health, and individual capabilities. Some specialties are unsuitable simply due to a number of physiological requirements. These can negatively impact a person's health and, over the years, lead to a sharp deterioration in their physical health. Traditionally, when choosing a particular specialty, one studies the content, the requirements for this type of activity, and the

challenges facing the chosen profession. One must have an understanding of the contribution a person can make to a given field, living in a particular country, in a particular family, and in a particular profession.

Recommendations for choosing a profession based on a person's physical health are as follows:

When choosing a specific profession, physical fitness and body condition should be taken into account.

Usually, suitability for a profession is determined by medical professionals, who thoroughly examine a person and ultimately make recommendations for their future activities. It is important to remember that each profession has its own medical limitations associated with the strain on certain physical organs, and these should be considered when choosing a future specialty.

Sometimes, the concept of interest is replaced by the concept of a person's desire. For example, a student has mastered singing well, has learned vocal pieces written to various texts, and is trying to perform them, and then chooses this specialty. However, the complexity and multifaceted nature of knowledge and musical theory, as well as the lack of innate musical ability and talent required for this field, lead to obvious consequences (a delay in mastering the material) and a decline in interest in the profession.

Family interests can also determine a person's future career choice. If a brother has won and achieved significant achievements in sports, it's not a guarantee that his younger brother will follow in his footsteps. He may certainly have athletic talent, but physical limitations will prevent him from achieving the same results as his older brother.

When choosing a career, it's important to consider the range of real possibilities and avoid mistakes. This means preventing and protecting young people from making the wrong move and choice by saving time, considering potential prospects, opportunities, and their interest in finding the right strategy that will yield effective, positive results.

Ignorance of professional opportunities, a lack of understanding of work activity, its level, and the prospects for professional development in the context of global social and technological development lead to mistakes

and oversights in this field. As we know, professions are based on new, as yet undiscovered requirements and opportunities, and there-

fore, it's important to always have a clear understanding and knowledge of modern types of professional activity in general.

References

- Farberman B. L., Musina R. G., Djumabaeva F. A. Sovremenniy metody obucheniya v visshix uchebnix zavedeniyax. – Toshkent, 2002.
- Nazirov. K. “Ispolnitelstvo na narodnix instrumentax” (for gidjak instruments). – Toshkent, 2021.
- Ikramov I. “Ispolnitelstvo na narodnix instrumentax” (for doyra instruments). – Toshkent, 2022.
- Mamadaliev. A. “Ispolnitelstvo na narodnix instrumentax” (for chang instruments). – Toshkent, 2024.

submitted 02.07.2026;
accepted for publication 16.07.2026;
published 30.07.2026
© Mirpayazov B.A.
Contact: navouzbek@mail.ru